

**Beltsville**  
*Briefs*

**Beltsville Native Serves aboard One of the Navy's Most Versatile Combat Ships**

**By Mass Communication Specialist 1st Class James H. Green, Navy Office of Community Outreach**

**Laurel Police Will Conduct Sobriety Checkpoint on March 17, 2018**

Every day in America, another 29 people die as a result of drunk driving crashes. That's one person every 50 minutes

To try to reduce that sobering statistic, the Laurel Police Department will conduct a sobriety checkpoint on Saturday, March 17, 2018, from 10:00 pm to 3:00 am in the 100 block of Second Street. Anyone making the bad decision to get behind the wheel of a vehicle impaired will be stopped and arrested.

Laurel Mayor Craig A. Moe and Police Chief Richard McLaughlin agree that conducting periodic sobriety checkpoints raises public awareness and informs citizens about the efforts that are being used to identify and apprehend impaired drivers. Police are legally obligated to tell motorists about the checkpoints in advance, yet some drivers will still take the risk.

For more information, please contact Sgt. Charles Boswell of the Laurel Police Department at 301.498.0092.

**Emmanuel UMC to Hold Community Easter Egg Hunt**

**By Rick Bergmann**

According to *Wikipedia*, "The egg was a symbol of the rebirth of the earth in pre-Christian celebrations of spring. However, the Easter egg itself was defined by early Christians as an Easter symbol of the resurrection of Jesus: the egg symbol was likened to the tomb from which Christ arose. Lizette Larson-Miller, a professor with the Graduate Theological Union of Berkeley, traces the specific custom of the Easter egg hunt to the Protestant Christian Reformer Martin Luther, stating 'We know that Martin Luther had Easter egg hunts where the men hid the eggs for the women and children, and it probably has this connection back to this idea of eggs being the tomb.'" Emmanuel United Methodist Church on

**BELTSVILLE BRIEFS**  
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SAN DIEGO – A 2008 Eleanor Roosevelt High School graduate and Beltsville, MD, native is serving in the US Navy as part of a crew working aboard one of the country's most versatile combat ships.

Petty Officer 2nd Class Oyinkansola Otukoya is a culinary specialist serving aboard *USS Fort Worth* based in San Diego.

A Navy culinary specialist is responsible for the food service for the ship. "I've learned over the years that the success you experience is directly correlated



Petty Officer 2nd Class Oyinkansola Otukoya

to the effort you put into it," said Otukoya.

The ship's technological benefits allow for swapping mission packages quickly, meaning sailors can support multiple missions, such as surface warfare, mine warfare, or antisubmarine warfare.

Designed to defeat threats such as mines, quiet diesel submarines, and fast surface craft, littoral combat ships (LCS) are a bold departure from traditional Navy shipbuilding programs. The LCS sustainment strategy was developed to take into account the unique design and manning of

**OTUKOYA**  
 continues on page 9

**Cub Pack 1031 Celebrates Cub Scouting**

Cub Pack 1031 celebrates the anniversary of scouting this month with their blue and gold dinner. Cub Scouting began in 1930 and has been changing in the past four years with a new outdoor focus. Also, this year, scouts allowed kindergarteners to join. In the fall, we will welcome family scouting with girls being allowed to join their brothers and friends in the pack.

The pack has been busy. Scouts and families met on January 20 to clean up trash and debris from the playground and parking lot



**PACK 1031**  
 continues on page 2 Pack Pinewood Derby winners and their cars

**Beltsville CrossFit Celebrates Grand Opening**

*Open to All from Kids to Legends 55+*

William McCoy and Marissa McCoy—husband and wife founders of Beltsville CrossFit are gearing up to celebrate the gym's grand opening. At 12:00 pm on March 3, 2018, Beltsville CrossFit will open its doors to the public. This exciting community event will feature food, drinks, games, a raffle, and a Workout of the Day (WOD) for all ages!

Beltsville CrossFit is the result of countless hours of work and dedication from William and Marissa. Driven by their love of CrossFit and the desire to build a place where their community could come together, the couple has opened a gym that strives to be inclusive of the Beltsville community. "It wasn't easy," says William, "we were driven to do this because we see CrossFit

as a community building tool. It's funny, people who would have never met or associated with each other end up meeting and becoming friends through CrossFit".

Beltsville CrossFit has unique programs designed to serve their members at any stage of life. Programs include:

- **CrossFit Kids:** Ages 3-12, CrossFit Kids emphasizes good movement throughout childhood and adolescence
- **Fundamentals Class:** Within 2 weeks you will learn all of the movement needed to safely and effectively perform CrossFit workouts
- **LegendFit:** For adults 55+, CrossFit workouts

**CROSSFIT**  
 continues on page 3

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**NEXT ISSUE:**

**Submissions Due**

**No Later**

**Than:**

**March 21**

**Paper Out:**

**March 31**

**On the Agenda**

**By President Karen M. Coakley**

The March Citizen's Association meeting will be on Wednesday, March 21, at 7 pm. We meet at Beltsville Academy. We will discuss two development issues. The first will be a proposed rezoning/



Karen Coakley

redevelopment for the commercial building at Route 1 and Prince George's Avenue, where Sam's Barbershop is currently a tenant, as well as the land between the commercial office building and the detached single-family homes on Prince Georges Avenue and Harford Road. Also, there is a proposal to build a Restaurant Depot on Konterra.

Tip O'Neil once said, "politics are local..." 2018 is one of those years. Beltsville will definitely see a change in elected officials. Term limits will bring a new county executive, state's attorney, and council member for District 1. We have two new at large county council seats. Delegate Barbara Frush has announced her retirement. The Beltsville, Calverton, and Vansville Heights Citizen's associations along with the Greater Beltsville Business Association will sponsor a candidate forum in March, April, and May.

The March forum will be held on Tuesday, March 27, from 6-9

**ON THE AGENDA**  
 continues on page 17

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Scouts of Beltsville celebrated Scout Sunday at St. Joseph Catholic Church on Sunday, February 4, 2018.

**PACK 1031**

continued from page 1

at Beltsville Academy as part of a delayed Martin Luther King Jr. Day of service. After the cleanup, we met at the committee chair's house to roast hot dogs and marshmallows.

On January 27, the pack held its Pinewood Derby at Beltsville Community Center. Our kindergarten Lions raced Lego cars just for fun. The Wolf Den had a wonderful time racing their cars with Luke F -1<sup>st</sup>, Portland R -2<sup>nd</sup>, and Cristian C -3<sup>rd</sup>. The Bears fastest cars were Jason K -1<sup>st</sup>, Antonio W

-2<sup>nd</sup>, and CJ F -3<sup>rd</sup>. The Webelos top racers were Matthew F -1<sup>st</sup>, Flavio C -2<sup>nd</sup> and Cyris B -3<sup>rd</sup>. The Arrow den winners were Justin G -1<sup>st</sup>, Kevin K -2<sup>nd</sup>, and Oliver S -3<sup>rd</sup>. The grand prize winners were Luke F -1<sup>st</sup>, Justin G -2<sup>nd</sup>, and Matthew F -3<sup>rd</sup>. Congratulations to all the racers who learned how to finish their Pinewood Derby cars and prepare them for the race.

On February 4, Scout Sunday was held at Saint Joseph Catholic church where Matthew F and Jake T earned their Parvuli Dei Religious Emblem awards. All scouts who attended church in uniform in February earned a Scout Sunday patch.

Each year, the pack has activities including camping, hiking, its annual Pinewood Derby, and campfires all year long. We also do participatory citizenship along Little Paint Branch Trail, our toy drive, and Scouting for Food. Along the way, we learn responsibility, play games, and have tons of fun.

Later this year the pack will be opening our unit to families with girls who are interested in participating in Cub Scouts. If you are interested in discovering the fun of Cub Scouts with your child, please contact Regina Halper at Pack1031CubScouting@gmail.com for more information.

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# Beltsville

## News

PUBLISHED BY THE BELTSVILLE-VANVILLE DISTRICT CITIZENS' ASSOCIATION INC.

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 Check out our website: www.beltsvillenewstoday.com

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**WINTER**

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Spring is really around the corner.

Learn how to wait.  
- Be patient - !

*(c) Ingeborg Carsten-Miller  
January 19, 2018*

## CROSSFIT

continued from page 1

are tailored to individual abilities. Adults of 55+ get to maintain health and wellness while being part of an elite fitness community!

- **Yoga:** Yes that's right, a CrossFit gym that offers yoga and its free!
- **CrossFit:** Traditional CrossFit programming for athletes and newbies alike. All are welcome. Whether you're a postpartum mother who's ready to get her groove back or a senior looking to improve mobility, Beltsville CrossFit can help you achieve your goals. Conveniently located near the University of Maryland campus, Beltsville CrossFit can help to battle the "Freshman 15" and take student-athletes to the next level.

"A large part of our community includes the first responder, military, and teacher members," explains Marissa who is currently a Dean of students at a local high school. And to show their appreciation Beltsville CrossFit offers continuous discounts to these members, helping them maintain a fitness level necessary to their jobs.

Beltsville CrossFit is owned and operated by locals Marissa and William McCoy. They invite all to stop by and get a free trial 1-week trial of CrossFit, check out the facility, and ask questions at Beltsville CrossFit, 10747 Tucker St, Beltsville, MD 20705. To get a 50% discount on the first 3-months of membership and 1-week trial for free visit them on the web at [www.beltsvillecrossfit.com](http://www.beltsvillecrossfit.com).

## Who Are the Explorers?

Did you know the Beltsville Police supports the largest post of explorers in the state of Maryland? So who are these explorers? They are local young men and women who have chosen to direct their future by participating in this outstanding program.

We hear all too often of young people committing crimes and displaying violent and disrespectful behavior. The explorers, Post 600, led by our own Corporal Kenneth Hibbert, Beltsville Police Station, are making a conscious choice to direct their current and future lives to achieve their educational, civic, and career goals.

Officer Hibbert and other leaders encourage each explorer to make positive accomplishments and choices. Explorers are steered toward achieving success, making responsible choices, and becoming positive leaders. This effort from our local police includes frequent communication with parents and schools including monitoring grades. It is important to note some of these young adults are studying to become attorneys, business leaders, and teachers.

The Beltsville explorer program is the only post in our state to have junior investigators, ages 10-12, as well as explorers, ages 13-20. Those who have gradu-

ated high school may go on to college and become advisors to help the younger explorers. They set a wonderful example of the importance of continuing one's education.

It is our explorers you may have seen working at National Night Out, Toys 4 Tots drives, and Christmas in April, to name a few activities. They also help with neighborhood cleanups and beautification projects on the homes of our seniors.

So many hours go toward leading these explorers. However, what is really needed is our financial help. In addition to expenses throughout the school year, as many as 20 explorers would like to attend an annual out-of-state law enforcement conference and competition. Please mark your calendar for March 21, 2018. TJ's of Calverton will donate 20% of total sales to Prince George's County Explorer Post 600. Dine in or carry-out sales count toward the fundraiser. Come and meet some of the current explorers who will be there to greet guests. Please show your support for this wonderful program. Corporal Hibbert may be reached at [Khibbert@co.pg.md.us](mailto:Khibbert@co.pg.md.us) or 717.579.5908 for questions or additional information.

### Explorer's Night Out March 21, 2018

TJ's of Calverton Restaurant  
Calverton Shopping Center  
11607 Beltsville Drive  
301-572-7117

[www.tjsocalverton.com](http://www.tjsocalverton.com) - to view menu

Please present this flyer with your order. Please refrain from coupons or discounts so more dollars go to the explorers.



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**BRUNCH WITH THE BUNNY**  
March 25<sup>th</sup> 10:00 - 2:00

- Pancakes
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- Ham
- Bagels
- Asst. Pastries
- Eggs
- Asst. Fruits
- Salad
- Juice/Tea/Coffee



**EASTER EGG HUNT AT 1:30**

**BELTSVILLE VOLUNTEER FIRE DEPARTMENT**  
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Guests Over 13 - \$7.00  
Guests 13 & Under - \$5.00

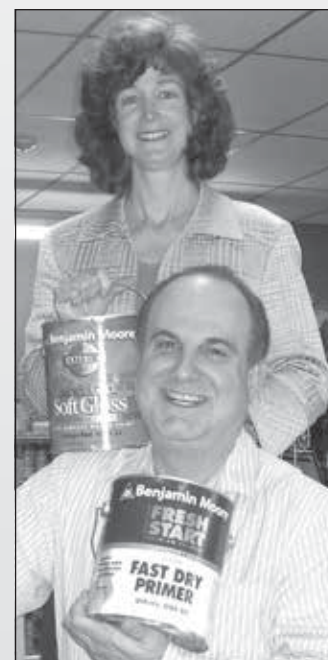


Pictures with the Easter Bunny  
\$7.00 each or 2 for \$10.00  
Easter Crafts for kids  
Lots of Fun!!

We are proud to announce that we will be offering citizen CPR classes beginning in April.  
For more information check out our website  
[www.BeltsvilleVFD.com](http://www.BeltsvilleVFD.com)

## High Shine

If you find yourself shuttering instinctively at the thought of high gloss walls take a gamble on gloss anyway. You will be pleasantly surprised by the versatility that comes from high shine. The sheen will reflect light as it bounces off the walls, giving a traditional four feet wide entry hallway a more spacious feel. A great color for the hallway is Benjamin Moore's Rich Cream. When mixed in a high gloss finish it will look invitingly creamy and blend easily with other hues in adjacent rooms. Another area that always looks amazing in a high sheen is the dining room ceiling. Typically deeper shades such as Revere Pewter and Tyler Beige create more atmosphere than lighter colors. When it comes to gloss though, light colors are just as warm, especially when applied to a ceiling. Try experimenting with a dining room ceiling. A pale blue-green like Ocean Air will create an illusion of a sky overhead. Ocean Air is a safe color that can be paired with almost every other color from mocha to creamy white.



Michael Richards and Valerie Kabelac

For expert advice on selecting paint colors and the appropriate finish see the paint pros, Michael Richards and Valerie Kabelac at Will's Home Decorating ([www.decoratmaryland.com](http://www.decoratmaryland.com)). According to Michael, "there is a surge in requests for high gloss finishes not just for paint, but also for wall coverings and ceramic tile." Gloss brings a flat looking room to life. The only negative is that is often accentuates surface imperfections. However, Valerie points out that "Once you are inside the room you really do not notice the flaws because the reflective nature of gloss often disguises trouble areas." For more advice on painting with gloss finishes stop by Will's Home Decorating for your FREE personalized decorating consultation.

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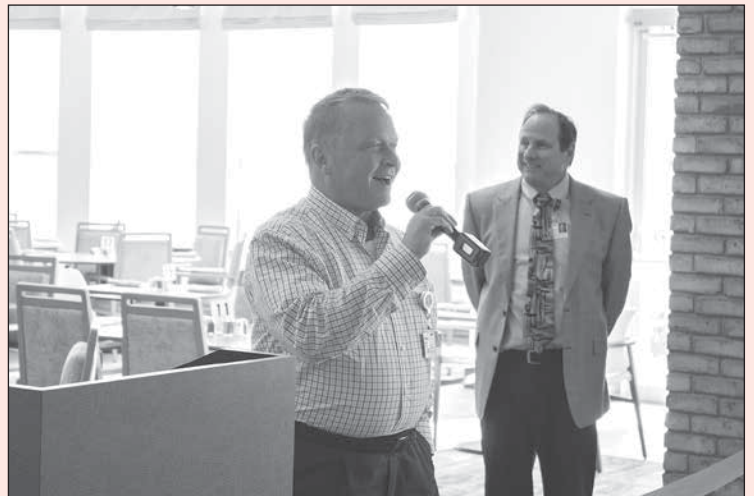
## Neighbors in the News

### Grand Opening Celebration of the Bistro at Riderwood

Residents and staff attended the grand opening celebration of the bistro at Riderwood, an Erickson Living retirement community in Silver Spring, MD.

“What an exciting day at Riderwood for both residents and staff,” said Gary Hibbs, executive director, Riderwood. “The new Wye Oak Bistro is named after the famous Maryland Wye Oak Tree. Everyone has worked so hard to make this day happen, and it was wonderful to see residents enjoying the bistro immediately following the event!”

The new bistro features a display kitchen concept that provides residents and guests the opportunity to engage with the culinary team preparing their lunch or dinner. The restaurant features freshly prepared bistro-style favorites including burg-



Left to Right: Executive Director Gary Hibbs and Director of Dining Services Jeff Kimbell welcome Riderwood residents to the bistro grand opening event.

ers, salads, sandwiches, and flatbreads. The event featured comments from Executive Director Gary Hibbs, Director of Dining Services Jeff Kimbell, and the

resident advisory council chairperson.

The bistro will be open daily for lunch and dinner 11:30 am–7:00 pm.

## Behnke Nurseries

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### March of the Gardeners!

Now that you have spent the winter months planning and dreaming of your garden, it's time for action! Look for onion and potato sets, bare-root strawberry and asparagus plants, rhubarb, and early spring veggies. The best selection of fruit trees is always early. Don't sleep now. March on in!

#### Free Classes in March

more info at [www.behnkes.com](http://www.behnkes.com) under “Events”

- Hardy Jasmine, Gardenias & Daphne (March 17)
- Small Space Vegetable Gardening (March 25)

#### “Potting Party” Workshop in March

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Get your spring planters ready for the season! Bring planters from home or choose from ones at Behnke's and fill them with seasonal flowers. You only pay for what you use. This potting party will be hosted by Behnke employees.

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#### Orchid Diagnostic & Repotting Clinic

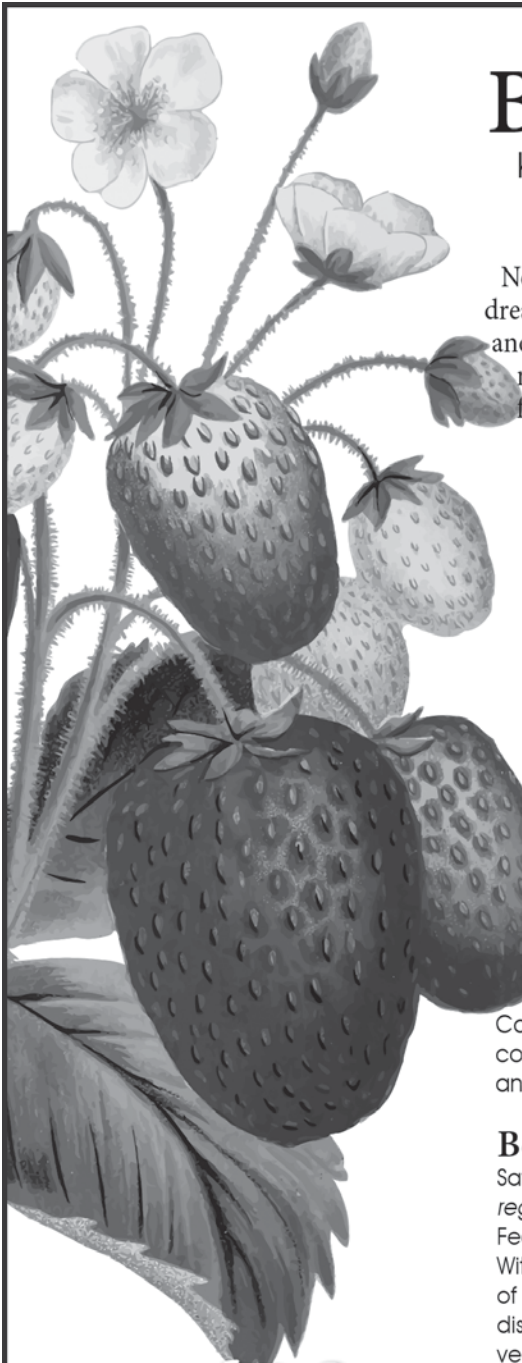
w/ Carol Allen  
March 4, 11 & 18, 9:30 to 4:30

Carol's advice is always FREE. Bring in the plant(s) you are concerned about. She will tell you how to resolve problems, and, for a fee, she will expertly repot them, showing you how.

#### Bonsai Hands-On Class w/ Jennifer Park

Saturday, April 7, 2:00 to 4:00 pm  
registration required - [www.shop.behnkes.com](http://www.shop.behnkes.com)  
Fee: \$65 - all materials provided

With a focus on care and maintenance, learn all the basics of bonsai design. Select a tree, learn how to transplant, and discover what the art of bonsai is all about as you create your very own bonsai to take home. This is a fully inclusive class.



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## Fun Ways to Help Kids Enjoy Math, Science and Art

(StatePoint) Science, technology, engineering, arts and mathematics (STEAM) concepts are especially important for young minds. While these are among the most challenging school subjects, at home, these topics can be brought to life through play.

“Children should be encouraged to endlessly explore their creativity and be provided outlets to continuously discover through creative play,” says Hiu Lee, senior VP of Horizon Group USA, a leader in the creative DIY marketplace.

Consider these items that allow children to put real-world science theories to the test while learning fun facts along the way.

#### Lab Work

A kid's activity kit gives little scientists an opportunity to start creating. With the Project MC2 Lip Balm Lab, kids can create single- or multi-layer lip balms. This kit includes all of the ingredients required, plus kids can decorate the finished product with science-themed stickers.

#### Chemistry Connection

Transform your kitchen into a scientific laboratory with the 40 fun and interactive experiments and simple chemical reactions found in the Discovery Extreme Chemistry Set. From creating temperature reactions to testing your taste buds, these hands-on experiments are great for parents and kids to do together. Create liquid ice, work through color-changing litmus experiments, create creepy, crawly, slimy worms and more to



show children just how connected to chemistry the world around them is.

#### Science That Glows

Illuminate your child's knowledge by combining simple chemistry with glowing power. With the Think Box Glowing Science Lab, kids can explore the basics of chemical compounds and reactions, while creating their own glow-in-the-dark toys and science experiments. The kit includes a ball mold, glow-in-the-dark power ball crystals, zinc sulfate, baking soda, citric acid, guar gum, sodium tetra borate, resealable bags, glow-in-the-dark paint, a mixing stick and a fun poster with instructions.

#### Bath Time Bubbles

Mix together compounds, add color and shimmer, and create a molded bath bomb in the shape of your choice with YOUiverse Galactic Bath Bombs. Once you have made your creations, pop them into the bath tub and watch as they fizz and bubble.

By giving kids the tools they need to explore the world around them, you can make the most of play time.

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**CROSSWORD**

1	2	3	4	5	6	7	8	9	10	11	12
13					14			15			
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72					73			74			

**ACROSS**

1. Can't stomach
6. Styling goo
9. Hightailed it
13. Ten million, in India
14. "\_\_\_ takers?"
15. Like a girl
16. Spanish small plates
17. School of thought suffix
18. Pay hike
19. \*Oscar nominated meet-the-parents thriller
21. \*He played Getty
23. Right-angle building extension
24. Splints site
25. Mammoth site, e.g.
28. Write on a tombstone
30. Self-centeredness
35. Land measure
37. Crucifix
39. "Sesame Street" regular
40. \*In 1992 De Niro was nominated for "Cape \_\_\_"
41. \*Best category
43. Tiresias in "Oedipus Rex"
44. Desert mirage
46. S-shaped molding
47. Dionysus' party
48. "\_\_\_ the unexpected"
50. Celestial bear
52. Rolodex abbr.

53. Purple precipitation

55. Before, old English
57. \*Evacuation location
61. \*Olympic hopeful's story
64. Deprive of weapons
65. \*Sarandon was nominated for "Lorenzo's \_\_\_" in 1993
67. Unfit
69. Like anchor aweigh
70. Zilch
71. \*Cathy Bates' or Louise Fletcher's role
72. Google \_\_\_
73. Bro's sibling
74. Had supper

**DOWN**

1. \*Do this and hope for an Oscar?
2. Toot one's horn
3. \*18-time Oscar host
4. Speak from a podium
5. Fix a shoe
6. Manner of walk
7. Ensign, for short
8. Bodily fluid
9. Thailand, once
10. "\_\_\_ and proper"
11. Additional
12. Indigo user
15. Nirvana genre
20. Extremist

22. Bald-faced \_\_\_
24. "I call passenger seat!"
25. \*"The Florida Project" nominee
26. Mountaineer's tool
27. Comprehend
29. \*Best Animated Feature and Best Original Song nominee
31. Guesstimate phrase
32. Apathetic
33. Lay \_\_\_ to a castle
34. \*21-time nominee
36. Albany-Buffalo canal
38. Opposite of talker?
42. Button on electrical outlet
45. Economize
49. Feather glue
51. Ray Charles' "Mess \_\_\_"
54. Paintings in an Orthodox church
56. Boredom
57. Two of the same
58. "Do \_\_\_ others..."
59. Narcotics agent
60. "Me and Bobby McGee" singer-songwriter
61. Ailments
62. Spinner's product
63. Altar location
66. \*J. Paul Getty's grandson
68. Ideas worth spreading, acr.

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## Obituaries



Robert Henry Cohen

### Cohen, Robert Henry

Robert Henry Cohen, age 90, a native Washingtonian who raised his family in Beltsville, MD, passed away on February 5, 2018. Bob was predeceased by his wife of 60 years, Lela Mae Cohen. He is survived by his children, Lynn Cohen, Steve (Donna) Cohen, Donna (Rich) Mahan, and foster son Danny (Donna) LaFoilie; six grandchildren and eight great-grandchildren; sister Dr. June Pollack and brother Dr. Donald Cohen. As a teenager, he worked with his father at the *Times-Herald* newspaper and sold programs at Griffith Stadium. After serving in the Navy during WWII, Bob received a B.A. in business from George Washington University, where he was a member of Sigma

Phi fraternity. He had several successful businesses including Berwyn Esso in College Park, Laurel Western Auto, Riverdale Exxon, and Chestnut Hills Exxon in Beltsville until he retired to Fredericksburg, VA. He was a parishioner at Emmanuel United Methodist Church in Beltsville and Wilderness Community Church in Locust Grove, VA, and attended Linden-Linthicum United Methodist Church. Bob was a devoted Redskins fan and committed member and officer of the Lions Club. His happiest times were spent sharing his home on the Shenandoah River, camping, and walking his cherished dogs. Above all, Bob's passion and love were family and friends "fueled" by unconditional loyalty, compassion, and integrity. Bob was loved dearly, impacted many lives, provided many teenagers their first job, and will be missed tremendously. Bob took comfort in the fact that he lived an extremely blessed life and that one day he would be reunited with loved ones in the presence of God. He will be interred with his loving wife at his final resting place in Arlington Cemetery.

Memorial services were on Saturday, February 17, held at Linden-Linthicum United Methodist Church located at 12101 Linden Linthicum Ln, Clarksville, MD 21029. Visitation began at 9:30 am, and the service at 10:30. Lunch was hosted at Rich and Donna Mahan's home located at 14826 Sapling Way, Glenelg, MD 21737.

In lieu of flowers, memorial contributions can be made in memory of Robert H. Cohen to Johns Hopkins Department of Surgery in honor of Dr. Frederic Eckhauser and the Division of GI Surgery. Dr. Eckhauser is the surgeon that saved Bob's life and gave us 10 additional years with him. Please make checks payable to Johns Hopkins University and forward to the Bridget Cashen Fund for Johns Hopkins Medicine, 550 North Broadway, Suite 722, Baltimore, MD 21205. Please include Dr. Eckhauser/GI in the memo line. To make an online gift via credit card, please visit <https://secure.jhu.edu/form/surgery> and choose "Other" as the designation. Then include Dr. Eckhauser/GI as the description.

### Sachs, Harris H.

Harris H. Sachs, 98, was born on April 28, 1920, in Washington, DC, and died on Sunday, February 11, 2018. He was the beloved father of Carol (Marty) Silver, Deborah (Joe) Kumper, Barbara (Glenn) Alexander, Kimberlee Rice, Arlene Britt, and Kelly (Kevin) Wood; cherished grandfather of Laura, Amy, Cameron, Sierra, Ashleigh, Kelly, Devin, Ryan, Kristen, and Kyle; devoted great-grandfather of nine; also survived by many loving family and friends.



Harris H. Sachs

Harris served as a pilot in the Naval Air Corps during WWII and ranked as the youngest lieutenant commander during that time. He founded General Glass Corporation in 1952 and remained involved in the business, which still thrives today. At his request, donations may be made to Wounded Warrior Project, or donations to a veteran charity of your choice would be appreciated. Memorial service was held at Borgwardt Funeral Home, 4400 Powder Mill Rd., Beltsville, MD, on Thursday, February 15, at 7 pm. Interment Arlington National Cemetery at a later date.



Margaret S. Conrad

### Conrad, Margaret S.

On Saturday, February 17, Margaret S. Conrad passed away. She was born in Altoona, PA, on July 6, 1922, to the late Harry and Annie Sanker; beloved wife of the late John N. Conrad; devoted mother of Antoinette C., Trudy A., and Patrick F. of Beltsville, MD; John T. (Suzanne) of Winchester, VA; Della M. (Tony) Dove of Harwood, MD; Bernard J. (Elizabeth) of Lexington, KY; Terence M. (Sharon) of Silver Spring, MD; Shawn D. (Patty) of Olney, MD; Louise C. (Fred) Lawrence of Laurel, MD; Kevin P. (Mary Cush) of Pamplin, VA; Mary I. (Ray) Skowronski of Myersville, MD; and the late Vincent G. Conrad; also survived by 24 grandchildren, 20 great-grandchildren, and many nieces and nephews. Mass of Christian burial was celebrated at St. Francis of Assisi Catholic Church Fulton, MD, on Saturday, February 24, at 11 am. Interment

Fort Lincoln Cemetery.

Memorial contributions may be made to St Ann's Infant Home, 4901 Eastern Ave., Hyattsville, MD 20782 or St. Francis of Assisi Catholic Church. Funeral arrangements were handled by Borgwardt Funeral Home.



Mildred E. Helton

### Helton, Mildred E.

Mildred E. Helton, age 101, of Buckhannon, WV died Tuesday, February 13, 2018, at Sherry Sellers Personal Care Home in Jane Lew, WV. She was born December 18, 1916, in Barbour County, WV, a daughter of the late Hurshel P. and Maude Belle Zirkle Wilson.

On January 28, 1939, she married Russell Wade Helton who preceded her in death on June 21, 1977.

She is survived by one son, Russell Helton, Jr. of Buckhannon; one sister, Ilene Cook of Currituck, NC and several nieces and nephews.

In addition to her parents and husband, she was preceded in death by one daughter, Shirley Jean Helton; two sisters, Lucreta Chwastyk and Virginia Brooks and six brothers, Dr. Elzie, Vergil, Jesse, Nelson, Mendel and Joe Wilson.

Mrs. Helton was the owner of Helton Realty and a member of First Baptist Church in Buckhannon. She was a former member of Beltsville Baptist Church in Maryland and a life member of the VFW Women's Auxiliary Post #5727 in Maryland.

Friends will be received at the Poling-St. Clair Funeral Home Friday, February 16, 2018, from 5 to 7 p.m., the funeral hour with Pastor Jay Teodoro officiating. Burial will take place on Saturday, February 17, 2018, in the Union Cemetery Association in Burtonsville, MD.

Online condolences may be made to the family at [www.polingstclair.com](http://www.polingstclair.com). Poling-St. Clair Funeral Home is in charge of the arrangements.



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## 5 Weight Loss Tips from a Woman Who Lost 128 Pounds

(StatePoint) Sometimes the best advice comes from someone who's been there, done that. So, if you're working towards losing weight, why not consider the wisdom of someone who faced this challenge, and did so with great success?

Morgan Root, an Army veteran, found that after the birth of her second child, the scale kept going up instead of down. Determined to make a change, Morgan committed to losing weight and shed an inspiring 128 pounds. Here are her tips to help you lose weight:



Morgan Root, an Army veteran, after dropping 128 pounds.

- Make your excuse your motivation. When you flip your excuses into your motivation, it's amazing how much you can accomplish. Always remind yourself of why you started and what your motivation is when things get tough. "For me, my kids used to be my excuse for why I couldn't work out or make myself a priority, but now they're my motivation," says Root.

- Find a weight loss plan that works for you. Finding a plan that works for you is so important to fuel your weight loss goals and create sustainable success.

"Being in the army, I was used to structure. As a result, I turned to Nutrisystem, which provided the framework I needed to help me lose the weight," says Root, who is also a busy mom. "Having portion-controlled meals delivered to my home made it easier. My favorite food is the Margherita Pizza. I could eat pizza when my kids had pizza and didn't have to think about counting, measuring or weighing anything. It was a win-win!"

- Increase your water intake.

Water is so important to your overall health, so invest in a new water bottle and drink up! A study found that when people drink six cups (48 ounces) of cold water, they increase their resting calorie burn by up to 50 calories per day. Water also helps you feel full and potentially eat less. Sometimes when you think you are hungry, you are actually just thirsty. Aim for 64 ounces per day.

- Change your rewards and comforts. When something good happens in life, we often reward ourselves with food, and when something bad happens we comfort ourselves with the same. Find other ways to reward yourself, like buying something new. Comfort yourself by taking a bath or long shower. Chances are, you'll forget about wanting that food.

- Get moving. Being active not only benefits your weight loss journey, it can also clear your head and will help you feel better overall. Aim for three 10-minute exercise sessions daily. Do a quick workout video before work in the

**WEIGHT LOSS**  
continues on page 8

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## Windows Security Tour

I frequently use a topic I call “low-hanging fruit” when I speak at events and meetings. These presentations tend to be about effectively using the security tools you may already have in place. Of course, many people do not know about tools that are readily available to them. I thought I would take this month’s column and provide a tour of the security and privacy tools that can be easily accessed by the typical Windows 10 computer users and describe some of the things to look out for as well. This column will focus on Windows 10 Home Creators Edition because that is what most newer home computers are using today.

### Login

When you start a Windows 10 computer, it opens a screen to collect login information for an individual user. Each user on a Windows computer is identified by their login credentials and has a separate area on the computer to store files associated with that login. Windows Home provides two methods of logging in. One method uses a Microsoft account, and the other is a “local” login. By default when you add a user to Windows, Microsoft attempts to force you to use a Microsoft account. Microsoft prefers this because it informs it every time you log in to a network connection. I personally prefer to log in privately. To create a local account, go to Settings | Accounts | Family and Other People | Add Someone Else to This PC. The dialog will prompt for an email address or phone number. This is to set up a Microsoft login account. Instead, look for the small text at the bottom left that says “I don’t have this person sign-in information” and click the link. Now, it will prompt you to provide information to create a new Microsoft account. This is still not what we want, so look for the “Add a user without a Microsoft account” near the bottom and click on that link. The next dialog says “Create an account on this PC.” This creates a user account that is tied to the computer and not to Microsoft.

At this point, you can enter a username and password. If you choose not to enter a password, then a password will not be required to log in when you start the computer.



### Account Types

When Windows lists an account, it also shows the “Account Type.” Windows Home has two account types by default: standard and administrator. A standard account can’t install software and is better protected from malware. Most people should use a standard account as their default login. However, before you change the account type, make sure you have at least one administrator account. I normally create an administrator account to install software and make configuration changes on my PC. I only use that account for these things.

### Anti-virus and Malware Protection

Microsoft has provided Windows Defender built-in virus protection for several years now. This product has languished at the bottom of the reviews for similar products but recently has started to be recognized as a credible tool. If Windows detects that no other anti-virus product is installed, it will normally automatically enable Defender. Defender is updated regularly to help it detect new threats as they are discovered. Defender scans the PC for malware in the background while you are working and more aggressively when it detects the computer is idle.

You can also request Defender to scan your computer if you suspect there may be an issue. You can right-click on a file or folder and ask Defender to scan the individual files or folders. This is very useful if you download files from the Internet.

Microsoft provides some special scanning tools, Defender Offline, and the Microsoft Safety Scanner as an external or standalone scanning tools that can be used from a utility boot disk to scan a PC that is

disabled by malware.

The Windows update process is also involved in protecting your computer. Monthly, Windows update installs a custom tool, the Malicious Software Removal Tool (MSRT), and scans the computer looking for prevalent threats and then tries to remove them. This process happens even if you are using a third-party anti-virus program like Norton or McAfee.

### SCAM Warning

There are two computer scams that are very prevalent right now that I want to call out. The first is a telephone scam. A call comes in, and the caller typically claims to be from Microsoft tech support or some other technical support organization. The caller states that they have detected a problem with your computer, such as an infection or virus, and they want to help you remove it. These are ALWAYS scams mostly originating from India. Simply hang up and do not listen to them, do not give them remote access to your computer, and do not give them a credit card either on the phone or online.

The second is a variation on the first. You are browsing the Internet, and all of the sudden a large, typically flashing red block appears stating you have been infected and you should call the number listed for help in removal. The ad may also blast an annoying alarm sound. Do not call the number. Simply shutting down the will fix this 9 times out of 10. The tenth time can normally be fixed by removing browser add-ins and resetting the home or start page.

### Next Month

I will continue the tour of Windows security features and look at Windows firewall and backup and recovery features.

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### WEIGHT LOSS

continued from page 7

morning, take a conference call on-the-go at lunch and take your dog for an extra walk around the neighborhood when you get home. No matter what, always aim to be

active for at least 30 minutes a day. By the end of the week, you’ll have burned as many as 200 extra calories per day.

For more tips to help you on your weight loss journey, visit leaf.nutrisystem.com. A weight loss journey is never easy, no mat-

ter how much you have to lose, but it’s absolutely worth it. “I have found myself again. I am stronger, healthier, confident, driven and determined more than ever,” says Root.



## Rosapepe's Report to Beltsville

### Reminder: Join Us in Annapolis on March 5

Delegates Barbara Frush, Josefine Peña-Melnyk, Ben Barnes, and I work hard to keep in touch with Beltsville residents and help you understand what Maryland's state government is doing and how it can help you and your family. We attend the Beltsville Civic Association and other community meetings, visit local churches and schools, and host mobile office hours at local grocery stores. Now, we'd like you to visit us in Annapolis at our annual reception for 21<sup>st</sup> District residents.

It's Monday evening, March 5, from 6-8 pm in rooms 170 and 180 of the Lowe House Building, near the State House. We'll have food, fellowship, and information on legislative issues of concern to our communities.

RSVP online at [www.21stdistrictdelegation.com](http://www.21stdistrictdelegation.com) or call 301.858.3141 for details, questions, and information on parking. We'll also have buses going from College Park and Laurel—contact our office, we'll give you the information on it—and ride, don't drive! Share this invitation with friends and neighbors. We look forward to seeing you!

### We Want to Hear Your Views

The 2018 Maryland legislative session continues through March



Senator Jim Rosapepe

and ends on April 9. Delegates Barbara Frush, Josefine Peña-Melnyk, Ben Barnes, and I are working to pass a balanced budget while protecting education, public safety, and help for seniors and the unemployed. If you have concerns on these or any other issues before this year's legislature, please contact us at the email address or phone number below.

After April 9, we'd be pleased to attend one of your organization's (homeowner or tenant association, business, church, or other group) upcoming meetings to report to your members on the legislature's actions, discuss local issues of concern to you, and answer your members' questions. Please let us know if you

would like to schedule a mutually convenient date. If so, we request that you provide a few dates and times that would work out by contacting [rosapepe.liaison@gmail.com](mailto:rosapepe.liaison@gmail.com) or 301.858.3141.

### Free Tax Return Preparation for Seniors and Low-Income Residents

If you need help preparing your tax return, learn about the IRS Volunteer Income Tax Assistance (VITA) and Tax Counseling for the Elderly (TCE) programs.

VITA program: If you make \$52,000 or less, IRS-certified volunteers can inform you about tax credits for which you may qualify and prepare a basic tax return with electronic filing.

TCE program: If you are 60 years of age or older, you may qualify for free tax help from IRS-certified volunteers who specialize in issues unique to seniors.

There are thousands of locations across the United States where you can get free tax help through the VITA and TCE programs. For help, call 800.906.9887.

### Contact Us

Please let us know if there are other issues you have questions or thoughts about. And, of course, feel free to be in touch if we can help you. Just email [21stDistrictDelegation@gmail.com](mailto:21stDistrictDelegation@gmail.com) or call 301.858.3141.

## OTUKOYA

continued from page 1

LCS and its associated mission modules.

According to Navy officials, the path to becoming an LCS sailor is a long one. Following an 18-month training pipeline, sailors have to qualify on a simulator that is nearly identical to the ship. This intense and realistic training pipeline allows sailors to execute their roles and responsibilities immediately upon stepping onboard.

"Every single day our LCS surface warriors prove they are the best and the brightest—and let me tell you, they love their ships," said Capt. M. Jordan Harrison, commander, Littoral Combat Ship Squadron ONE. "LCS are fast, agile, maneuverable, and the minimal crew manning affords leadership and qualification opportunities you won't get anywhere else in the Navy. Visit one of our ships, and you will see ensigns and chiefs at the helm because that is just how highly trained and talented and motivated our officers and sailors are in the LCS community."

As one of 70 crewmembers for one of the Navy's newest ships, Otukoya explained they are building a legacy that will last beyond their lifetimes. Crewmembers know how important it is for the Navy to develop new war-fighting capabilities to continue their success on the world's oceans. Otukoya's proudest accomplishment was reenlisting two times.

Through innovative planning, the design of systems, and crew requirements, the LCS platform allows the fleet to increase forward presence and optimize its personnel, improving the ability of the Navy to be where it matters, when it matters.

"The Navy has taught me the importance of personal accountability," said Otukoya. "The best part about serving here is the people I work with. Their attitudes are the best I have seen in the Navy, and they have a take-on-any-challenge attitude."

## GOD SENT HIS HEART

God sent His heart to live among  
The Crown of His creation,  
But in our evil arrogance  
He failed our expectation.

How often puny man has tried  
To measure the Creator;  
Denied His plain existence, or  
Made idols of His Nature.

Our foolishness suppresses truth  
And clothes itself 'neath lying,  
Defying holy requisites,  
Ignoring Judgments' crying.

We must remember we are dust,  
Humility unbinds us  
As gratitude unveils the Son  
Of God Whose name is Jesus.

This gentle Lamb absorbed our sins  
To crucified perfection,  
Then broke apart the cords of death  
Before His resurrection.

Heav'ns' gates swing wide to welcome us,  
Eternally in favor,  
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Because of Christ our Savior.

Rebecca Hutchings  
2/17/2018

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- Thank you so much, God Bless"*



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United States of America  
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Rev. Ruth Lee  
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Rev. Dr. Barry Black  
62<sup>nd</sup> US Senate Chaplain  
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## Club News

# American Legion Family Leaders Visit Maryland

By Ivy Christoffers

The annual Polar Bear Plunge by the American Legion Family was recently held at Sandy Point State Park in Annapolis with members of The American Legion, The American Legion Auxiliary, The Sons of the American Legion, and our junior members all dipping into the very frigid, 34-degree water on a day that was 38 degrees. That takes a special fortitude and dedication to raising funds for Special Olympics. By the latest count, we have raised over 2.47 million dollars for this worthy cause. There are over 7,000 Special Olympians who will benefit from our efforts.

There are four districts that have students entered into the annual oratorical contest: Southern Maryland, Western Maryland, Baltimore, and Southeastern Shore. Not to be partial, but we are in the Southern Maryland District. These students are always amazing in their speeches, knowledge, and delivery. We were honored to hear one of our own winners at our state convention last year, a very impressive young lady. The national competition will be on the American Legion website April 13, 14, and 15. We wish everyone well.

Our judges had a difficult time choosing winners of our Americanism Essays from the nearly 200 that were submitted from our local schools, but they finally made their decisions. My thanks to Principal April Lee of Hollywood Elementary School for providing the four judges. The school did not enter any essays, so there was no conflict of interest. Next year, we will need to find other judges because these teachers vow they will take part in 2018-2019. Not a problem: the more schools that join in our Americanism and Patriotism programs, the better.

The National Commander of

the Sons of the American Legion visited Maryland in January, and we had a great visit to Ocean City. The National Commander of The American Legion, the first woman to ever hold this position, will be here on March 16, 17, and 18 with a banquet held in her honor at Harry-White-Wilmer Post #82 on March 17.

Our National American Legion Auxiliary President, Diane Duschek, will be making her official visit to Maryland March 3, 4, and 5, and we have a full schedule planned for her, even a visit to our state senate on the evening of March 5. There, she will be recognized from the floor. During her stay, Diane will spend time with our juniors in Berlin assisting with their projects, attend a banquet in her honor on Saturday night at Greenbelt Post #136, attend and take part in a attending a naturalization service, visiting Johns Hopkins Children Center in Baltimore, and visiting many veterans and members of the Maryland Legion Family. Special dinners are planned where we can showcase our great Maryland food. We look forward to having a great visit and perhaps gaining a pound or two from really good food.

The Southern Maryland Day for God and Country will be held on March 11 at The Southern Maryland Youth Camp in Cheltenham. This is where we pay homage to all veterans from all conflicts and honor the four chaplains who gave up their lifejackets to four men on the sinking ship *Dorchester*, thus sealing their fate. This is always a very moving program and should not be missed.

Everything at the post home in College Park remains the same: our weekly bingos on Tuesday and Wednesday at noon, our Friday night dinner/dances, Monday night shot-gun bingo, the two Blog's Park dances each month, the avail-

ability of renting our large hall for your special function, lunches served each weekday cooked by Chef Brian, and a welcoming atmosphere at all times. If you are looking for an extended family and are a qualified veteran or member of a veteran's family, check us out. As you can see, we are very active and dedicated to our veterans, our youth, and our community.

As we enter this very busy spring season, we extend our best wishes for a happy and blessed Easter. May God continue to bless our great country and keep our troops safe as they serve in the fight for freedom in this world.

## St. Joseph's 5K Race Slated for April 21

Start training now for the 5th Annual St. Joseph's Regional Catholic School 5k race and one mile fun run! The race will be held at the school located at 11011 Montgomery Road, right here in Beltsville, at 8:00 a.m. on April 21, 2018.

Free Pasta Dinner the night before at the school is included in the cost of registration.

More details on the USA Track and Field certified course, and details on how to register can be found here: <https://stjos5k.org/>



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## Women's Community Club of Beltsville announces its 2018 Scholarship Program

The Women's Community Club of Beltsville will be awarding a \$1,000 scholarship to a female resident of Beltsville this spring. Applicants must be residents of Beltsville and be a high school senior who has been accepted into a college, technical, or vocational school, or a college freshman. Applications can be obtained by emailing [WCCBeltsville@gmail.com](mailto:WCCBeltsville@gmail.com) or going to the High Point guidance counselor office. Applications must be postmarked by April 25. Mail completed application to WCCB 2018 Scholarship c/o Emmanuel Methodist Church, 11416 Cedar Lane, Beltsville, MD 20705.

## The Beltsville Young at Heart Club

President Lois Hamilton put on a very nice Valentine party. We have a good refreshment committee lead by Carol Kosydar with helpers Iris Gorman and Joan Lewis. There are many standing committees that need to be filled, and the president could really use some help. Some members are on more than one committee. Young at Heart trips are planned by Shirley Denell. She has a list ready for this year, and we will let you know about them in future articles. A friend is someone you can count on even if you are down for the count.



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## Club News

# The Beltsville Garden Club

The Beltsville Garden Club will meet on Wednesday, March 28, at 7:30 pm in the multipurpose room of the Duckworth School, 11201 Evans Trail, Beltsville, MD. Dr. Richard Olsen will present Perennially Yours: Herbaceous Perennials Need Love Too.

Dr. Richard T. Olsen, director of the U.S. National Arboretum, who admits his first love is woody perennials, shows some love for herbaceous perennials, too. Dr. Olsen will highlight perennials observed in his travels to foreign lands and gardens and ones worth experimenting with in your own gardens.

Dr. Olsen has been the director of the U.S. Arboretum since

May 2015. Before that, he served as the acting director of the arboretum and acting director of the U.S. Department of Agriculture's Agricultural Research Service. Dr. Olsen joined the arboretum in 2006 as a research geneticist for the urban tree-breeding program at the Floral and Nursery Plants Research Unit, where he reinvigorated the arboretum's urban tree program. There, he developed new woody ornamental breeding projects.

A recognized international leader in the public garden arena, Dr. Olsen has the distinction of being the last Ph.D. student of the famed horticulturist J.C. Raulston at NC State.

The public is welcome,

and admission is free. You are encouraged to bring something to exchange: a plant, cutting or garden tool or magazine. Bring something, take something! Refreshments will be served after the talk.

Also, mark your calendar for the annual plant sales on April 21 and May 12 in the parking lot of High Point High School, 3601 Powder Mill Rd., Beltsville, MD. The sale starts at 8:00 am. To learn more about the Beltsville Garden Club, visit [www.beltsvillegardenclub.org](http://www.beltsvillegardenclub.org) or Like Us on Facebook—[www.facebook.com/beltsvillegardenclub](http://www.facebook.com/beltsvillegardenclub).

## Music, Music, Music at the College Park Moose Lodge

The College Park Women of the Moose #1262 are proud to present an exciting charity event titled the Splish Splash Beach Bash on March 10 at the College Park Moose Lodge. It is a benefit for Mooseheart Child City.

Mooseheart Child City takes children who come from an unstable homelife, cares for them, schools them, and helps them find scholarships to college at no expense to their parents. The children need our help! This event is for them. If we can help only one child have a better life, then it will be all worthwhile!

The Splish Splash Beach Bash will include beach food (home-cooked full dinner with dessert), some beachy music from The Split Second Band to listen and dance to, and beach decorations. The Split Second Band is the award-winning band that was voted best local band five years in a row by three newspapers. This excellent band plays a variety of music for your enjoyment. There will also be a silent auction, 50-50 raffle, and pull-offs. You can wear all your beach attire, although remember it is March, so

you may also want to wear your coat. This may help to forget about the cold weather, think warm thoughts, and imagine you can hear the waves and see the palm trees aglow! Dinner is 6-7:30 pm followed by the live music from 8-11:30. Tickets are \$25 dollars if purchased in advance and \$30 at the door.

Another fantastic musical event is happening on St. Patrick's Day, March 17<sup>th</sup>! The Fabulous Hubcaps are coming to town, specifically the College Park Moose Lodge. Wear your green and be ready to dance to some good ol' rock and roll! Tickets are only \$25 per person. St. Patrick's Day food specialties will be available to purchase at nominal prices. Get your tickets now for best table selection. You don't want to miss this great show!

These events are open to the public. For tickets and information, please call 301.935.5525. Tickets can be purchased at the College Park Moose Lodge located at 3700 Metzert Road, College Park, MD 20740.

## Beltsville Academy Science Fair

The annual science fair was held at Beltsville Academy in early February. This year's fair was a combined event for both elementary and middle school students. More than 450 projects were submitted, which is the most projects ever for the school. More than 20 first-place winners were chosen in 10 different categories from third to eighth grades. Four students will represent the school in county competition this spring. Twenty-five judges from a broad range of organizations and the community, including the USDA, WSSC, the Beltsville Library, The Riderwood Community, and other interested Beltsville residents, generously donated their time and talents. This year's fair was an outstanding success.



Front row L-R: Andrew Hammond (5th grade), Anton Doan (7th grade), Khang Kim (4th grade), Not pictured: Aabidah Ahmed (6th grade). Back row: Ed Pulik (outgoing chair), Tyler Pulik (8th grade), Robert Beaumier (incoming chair)

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# School News

## Calverton Elementary School Partners with the Community to Provide Support for Students

By Judith Pollock, Professional School Counselor

Prince George's County Schools' mission is to "provide a great education that empowers all students and contributes to thriving communities." The mission cannot be realized when students lack the basic necessities for achievement. In order for students to be successful and prepared for learning, they must have their basic needs met. One of the responsibilities of professional school counselors is to work with staff to identify the needs and to connect families with resources in the community.

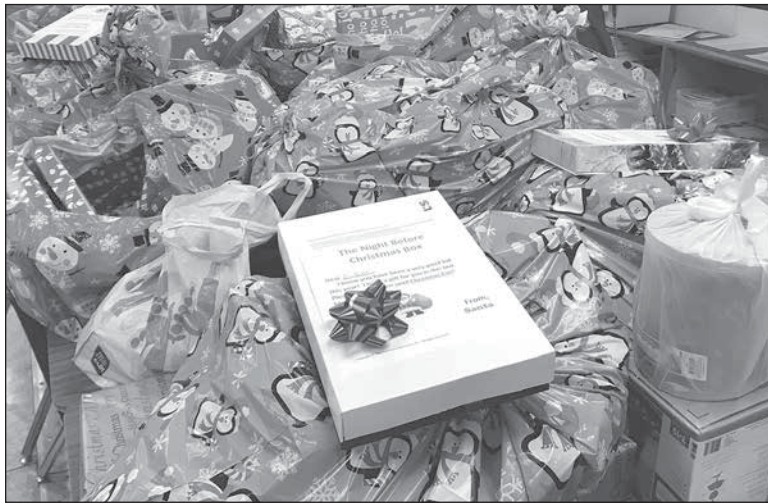
At the beginning of each year, local organizations enter the school with an abundance of supplies. For many years, the Beltsville Adventist Community Center (BACC) and Delta Sigma Theta Sorority, Inc., enter the building before the students arrive, with backpacks overflowing with pencils, crayons, glue, and other school supplies. They do this to ensure all students get off to a great start



Members of Swing Phi Swing, Inc. donate winter coats to the students at Calverton.

to the school year. Supplies are distributed at the beginning of the year and available for replenishment as the need arises. Because of the generous donations of our partners, families do not have to worry about how they will provide supplies for their children.

The Women's Club of Beltsville works during the holidays to support our families. For many years, members have been instrumental in helping to provide nutritious meals during the Thanksgiving and Christmas holidays. To assist in this effort, Calverton Student Government Association (SGA) sponsored a food drive. All food items collected were donated and distributed to families in the Beltsville area. Through this experience, SGA students learned about the importance of giving back. It is our belief that when children work in their communities the lessons are invaluable. It



The Christmas Experience, Inc. works to make holidays memorable for the entire family.

teaches them a sense of responsibility, and ultimately, they are responsible for the well-being of their communities. It also sends the message that they can make a difference in the lives of those less fortunate than themselves.

The Christmas Experience, a local nonprofit organization that partners with schools to provide a total Christmas experience, helped to lighten the load for families at the school. Those selected to participate were asked to complete applications to identify the needs and ensure that special gifts were provided for each child. They were then invited to the school to pick up their gifts, which included a decorated Christmas tree, a turkey and other holiday fixings, and individually wrapped gifts for each child in the household. To engage the students during this time and

afford them the opportunity to assist in this project, the Calverton Elementary School Helping Hands Club and 4<sup>th</sup>-grade students worked to sponsor a toy drive. They collected unwrapped gifts for children. With the donated items, they were able to ensure that more families had a wonderful holiday season. Family members expressed their gratitude at the wonderful outpouring of love they felt as they received their gifts.

With the unseasonably cold winter, the children and their families were especially grateful to have a number of organizations willing to provide winter coats, hats, gloves, and scarves for our students. Swing Phi Swing, a nonprofit social fellowship dedicated to community service, worked with our school to provide more than 25 winter coats for students. United Communities Against Pov-

erty, Inc., and BACC also donated outerwear, hats, and gloves to brave the cold winter. The look on



School staff pose with school supply items donated by Delta Sigma Theta Sorority, Inc.

the children's faces told the story as they were invited to the office to receive the new winter gear.

At Calverton, we are committed to developing strong community partnerships because we recognize we can't do the work alone. For the generous donations of our

partners, we say thank you as we all work together to ensure that all the students in Prince George's County Schools graduate career and college ready.

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## AREA EVENTS

Please contact the individual facilities regarding late changes or updates to hours of operations, especially during holidays or inclement weather.

### MONTPELIER MANSION & ART CENTER

9650 Muirkirk Rd., Laurel, MD 20708. Phone: 301.377.7817. TTY: 301.699.2544. E-mail: montpeliermansion@pgparks.com. Self-guided tours of the mansion: Thur. – Tue. from 11 a.m. to 3 p.m. Cost: \$5/adults, \$4/seniors, \$2/children ages 5 – 18, free/ages 4 and under. **The mansion is closed on Wednesdays and some holidays.** The grounds are open from dawn until dusk every day of the year and access is free of charge. Contact the Mansion for more information.

### DISCOVERING THE MEN OF THE 25<sup>TH</sup> UNITED STATES COLORED TROOPS

The exhibit continues through Sun., Mar. 11. Open when the mansion is open. Free with regular admission.

### SAVE THE DATE: MONTPELIER FESTIVAL OF HERBS, TEAS, & THE ARTS

Sat., Apr. 28 from 10 a.m. to 4 p.m. — **rain or shine!** Indulge your senses. Whether you need to relax or rejuvenate, this festival has something for everyone. Free admission. Events include:

- *Blast-in-the-Past*, the hands-on history playground for kids
- Family art activities
- Gardening talks
- Live animal exhibit
- Live music
- Over 70 acres to explore, including gardens, trails, and a boxwood maze!
- Tea served in the elegant East Wing
- Tours of the historic house
- Vendors of food, quality arts, crafts, and herbs and plants

### COLLEGE PARK AVIATION MUSEUM

1985 Cpl. Frank Scott Dr., College Park, MD 20740. Phone: 301.864.6029. TTY: 301.699.2544. Regular hours of operation are 10 a.m. to 5 p.m. daily, except for most major holidays and some special events. Cost: \$5/adults, \$4/seniors, \$2/children, free/age 1 and under. See [CollegeParkAviationMuseum.com](http://CollegeParkAviationMuseum.com) for more information as well as events for March.

### AFTERNOON AVIATORS

Sat., Mar. 3 at 2 p.m. Join us the first Saturday of every month as we explore a different aviation-themed topic through STEAM-based, hands-on activities. This is a drop-in program, fun for children. Ages 6 and older. Cost: \$5, includes museum admission and supplies.

### OPENBARRE IN THE MUSEUM

Fri., Mar. 16 at 2 p.m. Tired of working out in a boring setting? OpenBarre brings their workout to the museum to help you lengthen your muscles and strengthen your core. Wear comfortable clothing and socks. Cost: \$5/per person. Childcare is available for ages 3 - 6 for \$2/child.

### LAUREL-BELTSVILLE SENIOR ACTIVITY CENTER

Regular hours of operation: Mon. – Thur. from 8 a.m. to 9 p.m., Fri. from 8 a.m. to 5 p.m., Sat. from 8 a.m. to 2 p.m., closed Sunday. Address: 7120 Contee Rd., Laurel, MD 20707, around the corner from the Laurel Regional Hospital. Phone: 301.206.3350. Fax: 301.206.3387. TTY: 301.446.3402. Contact the center regarding classes and events for March. Membership is free for Beltsville residents who are age 60 or older.

### SENIOR FRIENDSHIP CLUB

Friendship Club regular office hours are Mon. – Fri. from 10 a.m. to 12:30 p.m.

## MARCH 2018

# Calendar of Events

Phone: 301.206.3380. The monthly meetings and luncheons take place on the second Wednesday of each month. The meeting for March is scheduled for Wed., Mar. 14 at 10:30 a.m. We will have special St. Patrick's Day entertainment. Sign-up and pay for the luncheon by Wed., Mar. 7. For more details and events for 2018, call the office.

### THURSDAY MOVIE MATINEES

The featured movie for Thur., Mar. 8 is *Wonder Woman* and Thur., Mar. 22 is *Going in Style*. Start time is 10 a.m. and the end time is about 12 noon. Popcorn will be provided. Cost: free.

### NATIONAL WILDLIFE VISITOR CENTER

Address: 10901 Scarlet Tanager Loop, Laurel, MD 20708. The entrance is accessed from Powder Mill Rd. between the Baltimore–Washington Pkwy. and Rt. 197. Main phone: 301.497.5772. For directions and more information, see <https://www.fws.gov/refuge/Patuxent/visit/directions.html>. Regular hours of operation for the Visitor Center are: Fri. – Wed. from 9 a.m. to 4:30 p.m., closed Thursdays. Regular hours of operation for the trails and grounds are: Open daily from sunrise to sunset, except for federal holidays. Cost: Free admission to the Visitor Center and its exhibits, grounds, and trails; other activities and events are free of charge if not noted. Space in public programs is limited. *Registration is by phone only and is required unless otherwise specified; call 301.497.5887.* Note: These public programs are designed for individuals/families. **Programs are subject to changes or cancellation due to weather or low participation.** Please advise us of any special needs so that we may accommodate you.

### HOLLINGSWORTH ART GALLERY

The featured artist for March is Lynne Parks. The gallery is open when the Visitor Center is open. *Registration is not required.* All ages.

### WILDLIFE IMAGES BOOKSTORE & BLUE GOOSE PASSPORT

The bookstore is open from 11 a.m. to 4 p.m. when the Visitor Center is open. Free stamps for the recently updated Blue Goose Passport for the National Wildlife Refuge System are available. Extra copies of the passports are for sale.

### SCREECH & KESTREL

Saturdays, Mar. 3, 10, 17, and 31 from 1 p.m. to 2 p.m. each day. All ages. *No registration required.* Meet two of North America's smallest birds of prey: the American kestrel and eastern screech owl. Both are expert hunters. The American kestrel uses its acrobatic prowess, while the eastern screech owl is a stealthy silent hunter.

### NATURE TOTS: BUSY BEES

Wed., Mar. 7 from 10:30 a.m. to 11:30 a.m. Ages 3 – 4. Bzzz...bzzz...Introduce your preschooler to our fascinating friend of flowers — the honey bee — through games, songs, and crafts in this interactive program.

### FAMILY FUN: WHO WAS HERE?

Fri., Mar. 9 and Sat., Mar. 10 from 10 a.m. to 1 p.m. each day. All ages, no registration required. Winter is a great time to be a nature detective and look for animal tracks in the snow or mud. Even when we don't see the animals themselves, we can tell who has been there—and maybe what they were doing—by looking at their foot-

prints and other things they leave behind. Come learn about tracks, scat, and other animal signs through hands-on activities and games for all ages. *This is a drop-in program: come when you wish, and leave when you're ready.*

### WINTER ADAPTATIONS HIKE

Sat., Mar. 10 from 12:30 p.m. to 1:30 p.m. All ages. Come and enjoy a winter hike around Cash Lake. Learn about the adaptations that animals and plants use to survive this frosty time of year. Bring water and dress for the elements. The hike will start inside the visitor center.

### CAMERA BASICS

Sat., Mar. 17 from 10 a.m. to 11:30 a.m. Ages 16+. The auto function on cameras is often helpful, but usually another setting will get you the image you really want. This is a beginner workshop for those using DSLR cameras. *This class is limited to just five people.*

### REFUGE SYSTEM BIRTHDAY BASH

Sat., Mar. 24 from 10 a.m. to 3 p.m. All ages, no registration required. This year we will be celebrating the Refuge System's 115th birthday! This year's theme is *The Family of Earth*. Some of the highlights of the day will include a live puppet show, crafts for kids, raptor demonstrations, live music, and tours through the forest on our electric tram. Special programs include:

- **FAMILY FUN: FROGS AND FRIENDS:** Starts a day early on Fri., Mar. 23 and continues on Sat., Mar. 24 from 10 a.m. to 1 p.m. each day. It's mating season for toads and frogs! Come learn about the many different amphibians we have here at Patuxent through hands-on games and activities for all ages. This is a drop-in program: come when you can and leave when you're ready.
- **NATURE SONGS WITH STINA:** Sat., Mar. 24 from 11:30 a.m. to 12:15 p.m. *Parent participation required.* Join nature troubadour Stina for an afternoon indoor campfire sing-along in our auditorium. Get your groove on with fun and silly nature songs!
- **RAPTORS REIGN:** Sat., Mar. 24 from 12:30 p.m. to 2:30 p.m. Join special guest and licensed falconer Rodney Stotts as he shares the power of nature through discussions and up-close encounters with birds of prey.

### TINY TOTS: NATURE AND MUSIC

Sun., Mar. 25 and Mon., Mar. 26 from 10:30 a.m. to 11:15 a.m. each day. Ages 16 – 48 mos.; *parental participation and registration required.* Learn about wildlife at the refuge through fun and interactive songs, stories, and activities.

### BIRD WALK

Wed., Mar. 28 from 8 a.m. to 10 a.m. Ages 16+. Search for spring migrants in various refuge habitats on this guided hike. *Binoculars are highly recommended.* The walk begins at the Visitor Center.

### SPRING BILINGUAL HIKE

Sat., Mar. 31 from 10:30 a.m. to 11:30 a.m. All ages. Come and enjoy a spring hike around Cash Lake. Learn how animals and plants prepare for this warmer season. Bring water and dress for the elements. The hike will start inside the visitor center.

## BELTSVILLE EVENTS

Please contact the individual facilities regarding late changes or updates to

hours of operations, especially during holidays or inclement weather.

### NATIONAL AGRICULTURAL LIBRARY (NAL)

**In the event of a Federal government shutdown, NAL will be closed until a new Federal budget is approved.** Free and open to the public. Regular hours of operation are Mon. – Fri. from 8:30 a.m. to 4:30 p.m., except for federal holidays. The library is located at 10301 Baltimore Ave., near Sunnyside Ave. Parking is free. Main phone number: 301.504.5755. NAL is on Twitter at [http://twitter.com/#!/National\\_Ag\\_Lib](http://twitter.com/#!/National_Ag_Lib). See [NAL.USDA.gov/visit-library](http://NAL.USDA.gov/visit-library) for more information.

### VANSVILLE HEIGHTS CITIZENS ASSOCIATION

Mon., Mar. 12 at 7 p.m. Meetings are held at the Franklin Brown Recreation Community Center, 1733 Old Baltimore Pike, Beltsville, MD 20705 (located in the Vansville Park). The association meets on the second Monday of each month.

### BEHNKE NURSERIES GARDEN CENTER

11300 Baltimore Ave. Please call 301.937.1100, ext. 0 or see [Behnkes.com](http://Behnkes.com) for more information and events for March.

### HARDY JASMINE, GARDENIAS, & DAPHNE

March 17 at 11 a.m. Registration requested. Cost: free. These and other wildly fragrant plants of spring, summer, and fall will be highlighted as must-have plants for everyone's garden. Christopher Lewis, CPH, will also discuss their care and culture.

### POTTING PARTY WITH EARLY SPRING FLOWERS WORKSHOP

Mar. 24 from 12 noon to 2 p.m. Registration required. Non-refundable fee: \$5, which will be applied to the cost of materials that you use. You can bring planters from home or choose from planters in stock. We will provide the plants, including *pansies and other early spring plants*, and soil to complete your project(s). This potting party will be hosted by Behnke's employees.

### BELTSVILLE LIBRARY

Address: 4319 Sellman Rd., Beltsville, next to the police station. Main phone number: 301.937.0294. Regular hours of operation are Mon. – Tue. from 1 p.m. to 9 p.m., Wed. – Fri. from 10 a.m. to 6 p.m., Sat. from 10 a.m. to 5 p.m., closed Sundays. Visit our library system website at [www.pgcmis.info](http://www.pgcmis.info) to check for weather-related closings and to use our online library services.

### PROGRAMS FOR CHILDREN AND FAMILIES

#### KIDS ACHIEVE CLUB

Mondays from 5 p.m. to 7 p.m. Free homework help and reading practice for students in grades 1 to 6.

#### CHESS CLUB

Tuesdays from 4:30 p.m. to 7 p.m. Drop in to learn to play or improve your game. All ages welcome: children, teens, and adults.

#### READY 2 READ PRESCHOOL STORYTIMES

Wednesdays at 10:30 a.m. Ages 3 – 5.

#### READY 2 READ TODDLER STORYTIMES

Wednesdays at 11:30 a.m. for ages 2 – 3 years old.

#### READY 2 READ BABY STORYTIMES

Thursdays at 10:30 a.m. and at 11:15 a.m. Ages birth – 2 years old.

### HAPPY BIRTHDAY, DR. SEUSS!

Fri., Mar. 2 from 10:30 a.m. to 11:30 a.m. Come to a special storytime program with Dr. Seuss stories being read by The Cat in the Hat. For ages birth – 5 years old.

### ILEAD TUTORING AND MENTORING

Three Saturdays, Mar. 3, 17, and 31 from 12 noon to 2 p.m. each day. Tutoring and mentoring for students in grades 6 – 8. See [www.ileadsuccess.org](http://www.ileadsuccess.org).

### STEM-TASTIC READING MAKES CENTS

Three Thursdays, March 15, 22, and 29 from 3:30 p.m. to 4:30 p.m. each day. Learn about basic money management concepts and practice money skills. Registration required. Limit 16 people per session. Ages 5 – 12 years.

### TAIL WAGGIN' TUTORS

Two sessions: 1) Sat., Mar. 17 from 2 p.m. to 3 p.m., 2) Mon., Mar. 19 from 3:30 p.m. to 4:30 p.m., and 3) Tue., Mar. 20 from 4 p.m. to 5 p.m. Children read to a dog and gain confidence reading. Ages 5 – 12. For information, call or visit the branch.

### PROGRAM FOR ADULTS

#### ENGLISH CONVERSATION CLUB

Wednesdays, Mar. 7, 14, and 21 from 10:15 a.m. to 11:30 a.m. Ages: for adults. Practice speaking English in a friendly environment.

### BELTSVILLE COMMUNITY CENTER

Address: 3900 Sellman Rd., Beltsville. Phone: 301.937.6613. Spanish line: 301.445.4509. TTY: 301.445.4512. Regular hours of operation are: Mon. – Thur. from 9 a.m. to 9 p.m., Fri. from 9 a.m. to 7 p.m., Sat. from 9 a.m. to 4 p.m., closed on Sunday. Hours of operation for Xtreme Teens and Pre-teens: Fri. – Sat. from 7 p.m. to 10 p.m. Contact the center regarding events for March.

### BELTSVILLE YOUNG AT HEART CLUB

Join us at the Beltsville Young at Heart Club on the 1<sup>st</sup> and 3<sup>rd</sup> Thursday of each month at 11:15 a.m. Members must be at least 55 years old. Visit us three times and become a member. We have speakers, entertainment, trips, 50/50, bingo, plus light refreshments. Questions: call Lois at 301.498.9736.

### WOMEN'S CLUB OF BELTSVILLE

Meets March 8 at 7 p.m.

### STRATEGY GAME CLUB

Mondays from 7 p.m. to 9 p.m. Enjoy board games, strategy games, and tons of fun. All skill levels welcome. Any game can be played as well as brought to the club to be played. Cost: free. All ages.

### XTREME TEENS AND PRE-TEENS REGULAR EVENTS

Fridays from 7 p.m. to 10 p.m. Free with valid Center ID card. Ages 10 – 17.

### VANSVILLE COMMUNITY CENTER

Address: 6813 Ammendale Rd., Vansville. Phone: 301.937.6621. Fax: 301.937.6623. Spanish line: 301.445.4509. TTY: 301.445.4512. Regular hours of operation: Mon. – Thur. from 9 a.m. to 9 p.m., Fri. from 9 a.m. to 7 p.m. (except for Xtreme Teens), Sat. from 9 a.m. to 4 p.m., Sun. from 12 noon to 4 p.m. Hours of operation for Xtreme Teens: Fri. – Sat. from 7 p.m. to 10 p.m. Contact the center regarding events for March.

### XTREME TEENS AND PRE-TEENS \*REGULAR EVENTS

Fridays from 7 p.m. to 10 p.m. Ages 10 – 17. Free with valid Center ID card.



## Lenten and Easter Activities at Emmanuel UMC

The most important season in the life of the church is Lent. This is the season that allows us to reflect on the final days of Jesus Christ and what they mean. Emmanuel UMC is holding many activities and special events for everyone in the Beltsville community. The first day of Lent was February 14, Ash Wednesday. Emmanuel celebrated with a special Wednesday service that was held at Queen's Chapel UMC.

On Saturday, March 24, there will be a community Easter egg hunt on the lawn with games, crafts, refreshments, and a visit from the Easter Bunny. The hunt is for children 2-12 years of age.

March 25 is Palm Sunday and the beginning of Holy Week. Emmanuel will be presenting its annual Easter cantata, a celebration of the Lenten season through a musical program performed by the choir and praise band ministries. This is an awesome worship experience that begins at 10 am, and the entire community is invited to attend.

Thursday, March 29, is Maundy Thursday or Holy Thursday. Emmanuel will hold its traditional Holy Thursday service to remember the Last Supper. This is a very moving and informative service.

It will be followed by the annual Seder meal tasting, a chance to experience the foods of the traditional Jewish Seder meal as well as a time to meet the members and attendees of Emmanuel.

Good Friday is the day in which the church remembers the death of Jesus. On Friday, March 30, at 7 pm, there will be a Tenebrae or dark service. This service brings to life the final hours of Jesus's time here on earth. It is a soul-stirring service that you don't want to miss.

Finally, on Sunday, April 1, join Emmanuel as it celebrates the joy of the Resurrection! There will be 2 services, the 9 am contemporary and 11:15 traditional. Sunday school for the young ones and Bible study for the adults will take place from 10:15-11am! Emmanuel hopes your family can join this joyous occasion.

Unless otherwise noted, all events will take place at Emmanuel United Methodist Church, 11416 Cedar Lane, Beltsville, MD 20705. You can find out more information by visiting the church website at [www.eumcbeltsville.com](http://www.eumcbeltsville.com) or calling the church office at 301.937.7114.

## Upcoming Events at the First Baptist Church of Beltsville

The First Baptist Church of Beltsville (FBC), 4700 Odell Road, Beltsville, MD 20705, will be having a community Easter egg hunt on Saturday, March 24, from 10:00-11:30 am for ages 2-12. There will be games, refreshments, and lots of fun as you celebrate the real reason for Easter, Jesus! We hope to see you there!

Mark your calendars because vacation Bible school is coming July 16-20! It will run from

9am-noon and is for children 4 years through 6<sup>th</sup> grade. This year FBC wants you to be a team player as you have fun learning about Jesus through lessons, crafts, music & some friendly competitions. They can't wait to make you part of their team! The best part is that it's free! For more information, you can call 301.937.7771 or email [churchoffice@fbcbeltsville.org](mailto:churchoffice@fbcbeltsville.org).

### ON THE AGENDA

continued from page 1

p.m. at Martin Luther King Jr. Middle School, 4545 Ammendale Road, Beltsville, MD. Here is a list of the speakers for the March forum: council District 1 candidates Tom Dernoga and Craig Moe, county council at large seats candidates Calvin Hawkins, Geron Levi, Juanita Culbreath-Miller, Mel Franklin, Karen Toles, and Jonathan White, and candidates

for sheriff Anthony Ayers, Dave Grogan, Melvin C. High, Sylvester E. Jones Sr., Percy Reeder Sr., and Kendal Wade.

The April forum will feature candidates for state delegates; we elect three. The candidates are Chike Anyanwu (R), Ben Barnes (D), Matt Dernoga (D), Mary Lehman (D), James E. McDowell Jr. (D), Joseline Pena-Melnyk (D), Fernando Raffucci (D), Bren-cis Smith (D), and Ray Ranker (I). Maryland senate candidates James Rosapepe (D) and Lee

Havis (R) will also be there.

The May forum will feature candidates for county executive and state's attorney. Watch future issues of *The Beltsville News* for details.

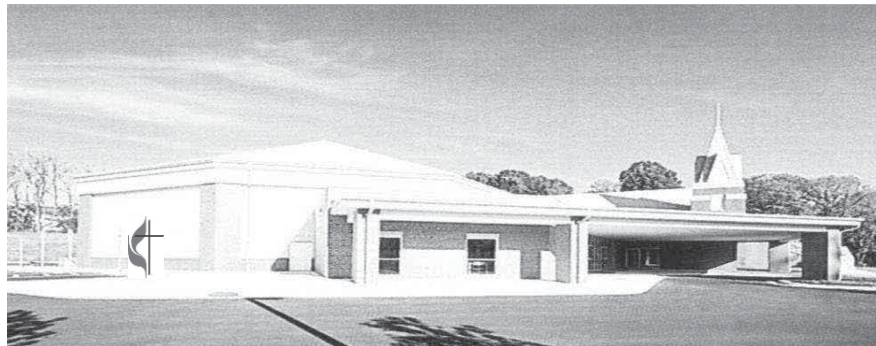
If you have a community concern or question, I can be reached at 301.937.3490 or [karenmcoakey@msn.com](mailto:karenmcoakey@msn.com).

Please join us on March 21 and March 27 for the candidates' forum and bring a friend.

## QUEEN'S CHAPEL UNITED METHODIST CHURCH

7410 Old Muirkirk Road, Beltsville, MD 20705

The Reverend William E. Butler, Senior Pastor



### YOU ARE INVITED TO WORSHIP WITH US ON SUNDAYS AND DURING THE WEEK

Sunday Worship Celebration begins at 10:00 a.m.  
 Communion Service every first Sunday 10:00 a.m. Worship  
 Church School for all ages 8:45 a.m.; Men's Bible Class 8:45 a.m.  
 Weekly Prayer Service Wednesdays 6:30 p.m.  
 Bible Study Wednesdays 10:30 a.m. & 7:00 p.m.  
 "Off the Hook" Young Adult Bible Study, Tuesdays 7:30 - 9:00 p.m.  
**New Teen Study** (Ages, 12-18) Open Bible Discussion  
 Beginning Wednesday, March 7, 2018 - 7:00-9:00 p.m.  
 First & Third Wednesdays

<p><b>Women's Ministry Presents</b>  <b>"The Slabtown District Convention"</b>  <i>A one act comedy written by Nannie Helen Burroughs</i>                  Saturday, March 24, 2018 - 2:00 - 4:00 p.m.</p>
<p><b>Holy Week Services</b>                  "The Seven Sins That Nailed Jesus to the Cross"                  Tuesday - Thursday, March 27 - 28, 2018 - 7:00 p.m., nightly</p>
<p><b>Plan to worship with us Easter Sunday, April 1, 2018</b>                  Sunrise, Service at 6:30 a.m.                  Regular Morning Service &amp; Communion at 10:00 a.m.</p>

Rooms available for banquets, workshops, & conferences, long or short term rentals

Church Administrative Office - (301) 210-9038

Web Site: [www.queenschapelumc.org](http://www.queenschapelumc.org) E-mail: [secretary@queenschapelumc.com](mailto:secretary@queenschapelumc.com)

Check us out on Facebook & Twitter



## Beltsville News CHURCH DIRECTORY

<p><b>Holy Apostles Orthodox Church</b> Come and see.</p>	<p>A Mission Parish of the Russian Orthodox Church Outside Russia                  Located in Twin Chimneys Office Park                  10760 Baltimore Ave, Beltsville, MD                  Evening Vigil: Sat. 5:00 PM                  Hours &amp; Divine Liturgy: Sun. 9:40 AM                  All Services in English                  Fr. George Johnson, Rector                  301-572-5738  <a href="http://www.holyapostlesorthodoxchurch.org">www.holyapostlesorthodoxchurch.org</a></p>
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<p><b>St. Joseph Catholic Church</b>                  11007 Montgomery Road                  Beltsville, MD 20705                  301-937-7183  <a href="http://www.stjos.org">www.stjos.org</a>                  Pastor: Msgr. Karl Chimiak                  Mass: Sat. 5 pm;                  Sun. 8 am, 10 am, 12 noon  <b>St. Joseph's Regional Catholic School</b>                  Principal: Dr. Janine Bertolotti                  301-937-7154</p>
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**BELTSVILLE BRIEFS**

continued from page 1

Cedar Lane has held annual Easter Egg Hunts for decades, and it will continue that tradition this year on March 24 at 10 am.

There will be games and Easter crafts for children from 10–11 am. Then, a visit from the Easter Bunny will kick off the egg hunt at 11. The Easter egg hunt is open to children from 2–12 years old. Children may bring their own basket, or they will be provided with a bag to collect their eggs. In case of inclement weather, the hunt will take place in the church's education building. Emmanuel is located at 114165 Cedar Lane, Beltsville, MD 20705. For more information, you can contact the church at 301.937.7114 or through email at [office@eumcbeltsville.com](mailto:office@eumcbeltsville.com). Check out the website at [www.eumcbeltsville.com](http://www.eumcbeltsville.com).

**St. Joseph's  
5<sup>th</sup> Annual 5k**

St. Joseph's Regional Catholic School will hold its 5<sup>th</sup> annual 5k race and 1-mile fun run at 8 am on Saturday, April 21. The race starts at the school and runs through the neighborhood, down Sellman, past the Beltsville Community Center, down the path through the Little Paint Branch Park, up to Montgomery Road, and back to the finish line in the school parking lot. The 5k course is certified by USA Track and Field; the course certification number is MD14003SJ. A pasta dinner the night before on Friday, April 20, is included in the price of the race registration. Go to [stjos5k.org](http://stjos5k.org) for more details.

**St. Joseph's to Host  
Community Art Show**

St. Joseph's Catholic Church in Beltsville, MD, will host its fifth annual community art show on Saturday, April 28, 6:00 pm–9:30 pm and Sunday, April 29, from 8:30 am–2:00 pm in the parish hall at 11007 Montgomery Road. This free event is open to everyone in the community. Refreshments will be available. Come and enjoy the art of local residents and the company of your neighbors.

If you are interested in displaying your art, we are accepting entries for this nonjuried show from those 16 years of age and older. Entry deadline is April 13. All those interested in providing artwork for the show should contact the church office at [stjoesartshow@gmail.com](mailto:stjoesartshow@gmail.com) or [www.stjos.org/Community\\_Art\\_Show](http://www.stjos.org/Community_Art_Show) to download an entry form. This show is for artists of all skill levels, and we invite all members of the community to show their work.

**Share Your News!**  
Send your article submissions to  
News Director Rick Bergmann  
at [editorbvnews@gmail.com](mailto:editorbvnews@gmail.com)

# Beltsville News CHURCH DIRECTORY



**Cross Creek Apostolic Church**  
12511 Old Gunpowder Rd Spur  
Beltsville, MD 20705  
Phone: 301-498-6006 - Website: [www.aupc.org](http://www.aupc.org)

Sunday Service	Thursday Service
Adult Sunday School 9 am	Adult Bible Study 7 pm
Praise & Worship 10 am	Youth Ministry 7 pm
Children's Ministry 10 am	Kids' Power Hour 7 pm
	Discipleship Class 7 pm
	Search for Truth 7 pm

**Abiding Presence Lutheran Church**  
10774 Rhode Island Avenue  
301-937-7646



Sunday Worship: 9:30 a.m.  
Rev. Jongkil Na  
[www.APLChurch.org](http://www.APLChurch.org)  
**Come and Join Us**  
Located in the Beltsville Professional Center

**St. John's Episcopal/Anglican Church**  
at the corner of Route 1 & Powder Mill Road in Beltsville  
(301) 937-4292  
The Reverend Joseph M. Constant, Rector



**Sunday Worship Schedule**  
Quiet service: 8:00 a.m.  
Family-oriented service: 10:00 a.m.  
Sunday School: 9:45 a.m.  
*Between September and June*  
Sunday Nursery - during our 10 a.m. service  
Wednesday Evenings Bible Study 6-9 p.m.

*We are a beacon of Christ's love  
offering hospitality and sustenance  
to all on their spiritual way.*  
[www.saintjohnsbeltsville.org](http://www.saintjohnsbeltsville.org)

**Emmanuel UMC**  
Beltsville, Maryland  
A Vibrant Multicultural Church Sharing the Light of  
Christ with all People  
Pastor Jacob Young, PhD  
11416 Cedar Lane Beltsville, MD 20705  
301.937.7114 • [office@eumcbeltsville.com](mailto:office@eumcbeltsville.com)  
[www.eumcbeltsville.com](http://www.eumcbeltsville.com)  
[www.facebook.com/groups/EUMCBeltsville/](http://www.facebook.com/groups/EUMCBeltsville/)

Sunday Services:  
9:00 am Contemporary Service  
11:15 Traditional Service  
10:15 am Bible Study & Sunday School for adults & children  
Nursery Care is available for both services  
Sign Language Interpretation at 11:15 service

**March Services and Events**  
March 17: Community Rummage Sale 10am  
March 24: Community Easter Egg Hunt 10am  
March 25: Easter Cantata 10 am  
March 29: Holy Thursday Service 7pm  
March 30: Good Friday Service 7pm  
April 1: Easter Services 9am and 11:15 am



**First Baptist Church of Beltsville (SBC)**  
4700 Odell Road Beltsville, MD 20705  
301-937-7771 • [www.fbcbeltsville.org](http://www.fbcbeltsville.org)  
Keith Holland, Pastor

**Easter Activities and Worship**



- **Community Easter Egg Hunt**  
Saturday, March 24,  
10:00 - 11:30am  
For children 2-12yrs
- **Palm Sunday Cantata Service**  
Sunday, March 25, 11:00am
- **Maundy Thursday Service**  
March 29, 7:00pm
- **Easter Sunday Services, April 1**  
Sunrise - 6:30am  
Easter Worship Service - 11:00am

# Classifieds • Call 301-937-6796

## SERVICES

**RNG CLEANING SERVICE** - Small family owned business catering to you and your household needs. Friendly, reliable and trustworthy. Reasonable rates and flexible hours. Licensed and insured. Free estimate with appointment. Call Delores at 301-442-5032 or 240-280-1451. 07/18

**TAX RETURNS** - For businesses/individuals. Payrolls. Gerald Neumaier CPA. 301-953-1341; 301-776-6545. gncpa@verizon.net. 01/19

**HAULING AND JUNK REMOVAL.** Complete Clean Out - Garages, Homes, Construction Debris, etc. Licensed, insured, free estimates. Mike Smith 301-346-0840. 07/18

**TREE AND STUMP REMOVAL** Pruning, land clearing, contact Bob Berra, 301-674-3770 or 301-384-4746. 12/22

**NJ CLEAN:** Janitorial, housecleaning, carpet and upholstery cleaning. Residential, commercial, churches. One time, weekly, monthly. Licensed and insured. Free estimates. Call Nancy 202-288-3578. 03/18

**BELTSVILLE LAWNS** - For all your lawn and landscaping needs. We are a full service, year around Beltsville business. We offer: topsoil trimming, gutter cleaning, yard cleanups, mowing, thatching, aeration, flowerbed edging and much more. Call Bill 301-455-4491. 06/18

**D. CAROL'S SERVICES FOR SENIORS** Will provide transportation for seniors for shopping, Dr. appointments, errands, and other. Can do light housework and laundry. Licensed as a CNA. Reasonable, Reliable. Have references. Call 301-593-0521 04/18

**BELTSVILLE LAWNS** - is now accepting new clients for the 2018 lawn mowing season. Our prices range from \$40-\$45 (depending on yard size) and we mow every two weeks. Call Bill @ 301-455-4491 for a free, no obligation, mowing estimate and yard consultation. 04/18

**UNFURNISHED ROOM** with window in a complete unit in a quiet and safe neighborhood in Beltsville. Prefer a female non-smoker with references and deposit. Rent is \$500. Call 202-431-9813. 03/18

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**USED FURNITURE** in excellent condition in Beltsville: queen size 5 piece - bedroom set, antique chair, table and chest cabinet, office chair, digital Roland piano. Call (202) 431-9813. 03/18

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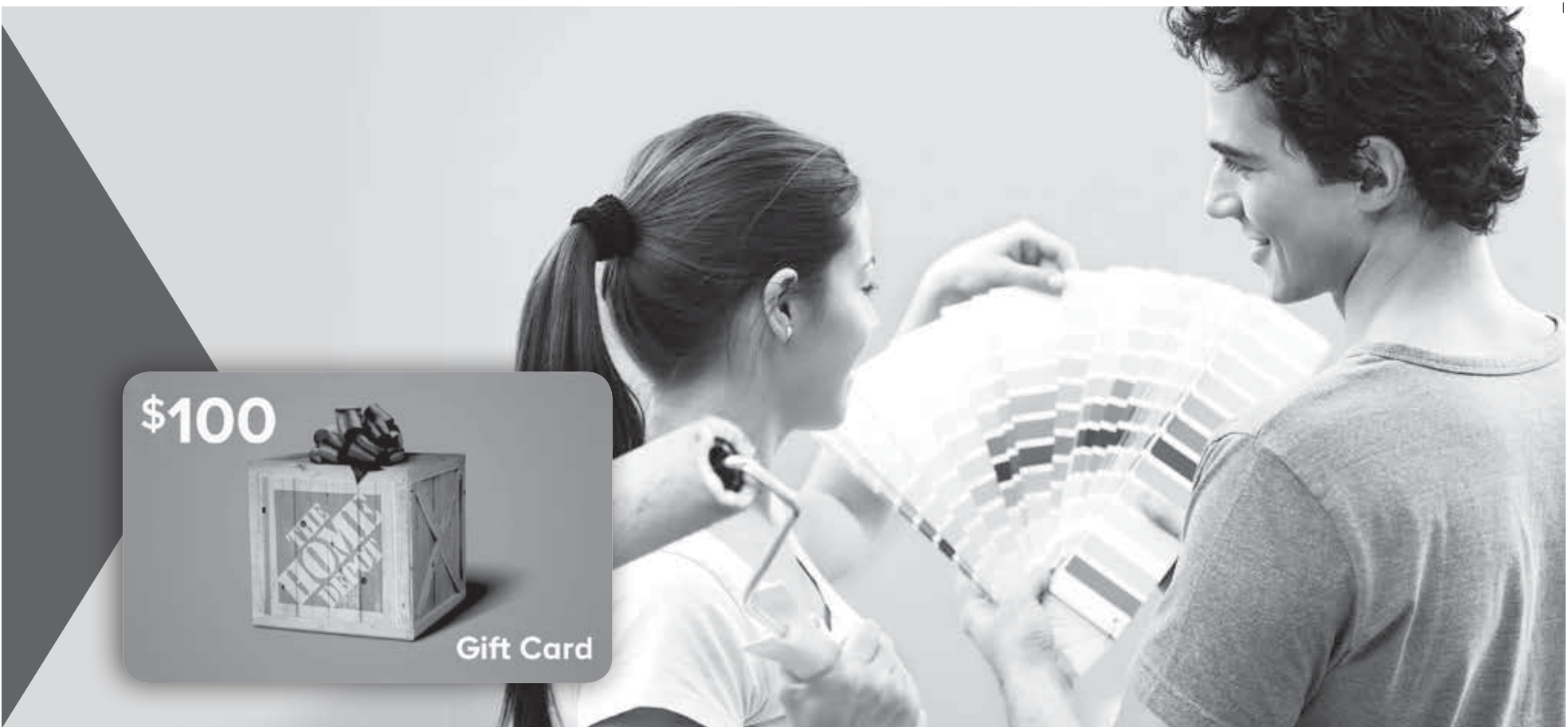
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Mblakely@jordankitts.com

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**Upper Marlboro Branch**  
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